Taking Care of Mother, Taking Care of Me

The story of a son's caregiving for a loving Mother with Alzheimer's disease

Heydon Buchanan

Love. Joy. Laughter. Acceptance. These were the most important gifts that Bernice and her son shared in their long-term caregiving journey through Alzheimer's disease (AD) and in their ultimate victory. This is an account of a long and varied caregiving experience. The many lessons learned can be of value to caregivers of every type, and their supporters, in the challenges they face.

People who can benefit most by reading this book—
- Babyboomers who now face, or could be facing, parental caregiving.
- Primary, solitary, and supplementary caregivers for all afflictions.
- Clergymen, physicians, therapists, social workers, and other personal counselors who are assisting caregivers, disease victims, and additional family members.
- Families facing nursing home placement.
- Families in crisis while dealing with the effects of a disabled loved one.

Alzheimer's disease in the U.S. could grow to sixteen million victims by the year 2050 according to the Alzheimer's Association. Every family will be affected. Drugs cannot cure AD and have very limited benefit at all. Families must learn to honestly face the disease.

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