

## **CURRICULUM VITAE**

**Linda Lee Green Bell**

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### **Education**

- B .A. 1967 Oberlin College, Oberlin, Ohio, Psychology.  
M. A. 1968 University of Texas at Austin, Psychology  
(Thesis supervisor: Elliot Aronson)  
Ph.D. 1973 Duke University, Durham, North Carolina, Social Psychology  
(Dissertation supervisor: Edward E. Jones).

### **Postdoctoral Training**

- 1973-74 Clinical Psychology Internship, Illinois Masonic Medical Center, Chicago, IL  
1974-76 National Institute of Mental Health Postdoctoral Research Fellow,  
University of Chicago (Family Sociology)  
1974-76 Family Therapy Training Program, Family Institute of Chicago/ Center for  
Family Studies, Northwestern University Medical School

### **Present positions**

Professor of Communication Studies, School of Liberal Arts,  
Purdue University at Indianapolis (IUPUI)

Professor Emerita of Psychology and Family Therapy, University  
of Houston – Clear Lake (UHCL)

### **Other positions**

- 2006 – 2014 Professor of Communication Studies, School of Liberal Arts, and Science of  
Nursing care, School of Nursing, IUPUI  
1992-2006 Professor of Psychology and Director of Training in Family Therapy  
(90-'98; '04-'06). UHCL  
1985-1987 Visiting Researcher, Japanese National Institute of Mental Health, Ichikawa,  
Chiba, Japan. I also provided supervision and training in family therapy to  
many Japanese therapists through various Japanese clinics, hospitals and  
universities at a time when family therapy was just starting to grow as a  
profession in Japan.  
1980-1991 Associate Professor, Behavioral Sciences, and Director of Training in Family  
Therapy ('82-'85), UHCL. I initiated and helped develop a nationally  
accredited training program in family therapy. In 1986 the program was  
selected as a model program in the state of Texas.

- 1976-1980 Assistant Professor, Behavioral Sciences, University of Houston - Clear Lake
- 1974-1976 Clinical Psychologist, Katherine Wright Clinic, Illinois Masonic Medical Center, Chicago, Illinois
- 1973-1974 Adjunctive Lecturer, University of Illinois - Chicago Circle, Chicago, Illinois
- 1968-1970 Peace Corps Volunteer, Senegal (community development) and Liberia (teaching junior high school)
- 1964-1967 Research Assistant working in organization development. Scientific Methods, Inc. (Robert Blake and Jane Mouton), Austin, Texas.

### **Grants and Awards**

- 2013 Sabbatical in Japan (IUPUI) doing telephone follow-ups with families interviewed in their homes in the 1980s.
- 2008-09 Indiana University Purdue University Indianapolis, Research Support Funds Grant (RSFG). Family Legacies: An Intergenerational Study of Families. To collect Wave 2 data for intergenerational study of families.
- 2007-08 Indiana University Purdue University Indianapolis, School of Nursing Research Investment Funds (RIF) grant. Family Legacies: An Intergenerational Study of Families. To collect Wave 2 data for intergenerational study of families.
- 2006 Texas Association for Marriage and Family Therapy Special Commendation Award for Outstanding Dedication and Commitment to the Development of Marriage and Family Therapy in Texas.
- 2003 Faculty Research and Support Fund grant, University of Houston - Clear Lake. Family Legacies (longitudinal research).
- 2002 Faculty Research and Support Fund, University of Houston - Clear Lake. For research in Chicago: data collection, longitudinal study.
- 2000-02 Texas Higher Education Coordinating Board. A longitudinal study of marriage from midlife through old age. (Twenty-five year follow-up).
- 2000 Faculty Research and Support Fund, University of Houston - Clear Lake. For research in Chicago: data collection, longitudinal study.
- 2000 Faculty Development Leave, University of Houston - Clear Lake. Intergenerational, longitudinal study, follow-up with families and couples previously interviewed in the 1970s.
- 1998-01 Texas Higher Education Coordinating Board. Relationships between family process and the health of individuals in normal (non-clinical) families. (Follow-up on families interviewed in 1975).
- 1998 Faculty Research and Support Fund grant, University of Houston - Clear Lake. Family Legacies (longitudinal research).
- 1998-99 American Council of Learned Societies. Contemplative Practice and Psychotherapy (course development).

- 1996 Faculty Research and Support Fund, University of Houston - Clear Lake. For travel and research in Japan.
- 1995 Pioneer Award, Houston Association for Marriage and Family Therapy.
- 1994 Faculty Research and Support Fund, University of Houston - Clear Lake. Cross-cultural study of family paradigms.
- 1992 Faculty Research and Support Fund, University of Houston - Clear Lake. For travel and research in Japan.
- 1991 Faculty Research and Support Fund (with Leslye Mize) for translation of English language articles into Japanese.
- 1990 Ambassador Award, Houston Association for Marriage and Family Therapy.
- 1989 Faculty Research and Support Fund, University of Houston - Clear Lake. For travel and research in Japan.
- 1988 Faculty Research and Support Fund, University of Houston - Clear Lake. For travel and research in Japan.
- 1987-89 Japanese Ministry of Health and Welfare Scientific Research Fund: Adolescence and the Family Environment, A Cross Cultural Study (with Tsunetsugu Munakata, David C. Bell, and Yojiro Nakata).
- 1986 Nominated for Fulbright research award by the Council for International Exchange of Scholars. (The local citizens committee decided to award someone who had not already had the opportunity to work in Japan.)
- 1986 Texas Association for Marriage and Family Therapy Special Award for Contribution to Family Therapy in Texas.
- 1985-86 Faculty Development Leave, University of Houston - Clear Lake. For cross-cultural research on family interaction and adolescent development (in Japan).
- 1977-83 NIMH research grant (RO1 MH29944): Individual-Group Interface: Focus on the Family (with David C. Bell).
- 1978-82 Hogg Foundation for Mental Health research grant: Family Systems Dynamics and Child Abuse (with Blair Justice and Rita Justice).
- 1976-77 NIMH research grant (RO3 MH28190): Family Systems and Child Development.
- 1974-76 NIMH Postdoctoral Research Fellowship (U. of Chicago).
- 1971-73 U. S. Public Health Service, Pre-doctoral Fellowship (Duke U.).

**Clinical Credentials:**

National Register of Health Service Providers in Psychology  
 Am Board of Profess. Psychology [ABPP], Family Psychology  
 Licensed Psychologist (and Health Service Provider), Indiana  
 Licensed Marriage & Family Therapist, Texas  
 Clinical Member and Fellow, Am. Assoc. for Marriage and Family Th.

AAMFT Approved Supervisor

**Professional Associations (National & International)**

National Communication Association  
American Psychological Association  
American Academy of Couple and Family Psychology (Fellow)  
American Association for Marriage and Family Therapy (Fellow)  
American Family Therapy Academy (Charter Member)  
National Council on Family Relations  
International Family Therapy Association

**Publications**

- Bell, L. G. (2015). Adolescent family affects adult wellbeing in Japan and the U.S. Archives of Scientific Psychology, 3, 138-149.
- Bell, L. G., and C. S. Cornwell. (2015) Evaluation of Family Matters: A Family Wellness Course for Persons in Prison. Journal of Correctional Education, 66, 45-57.
- Bell, L. G. (2014) Family wellness for individuals in prison, National Council on Family Relations Report, 59, 13-15.
- Bell, L. G., Cornwell, C. S., Curran, L. H., and Gaston, S. (2013). Family Matters (Family Wellness Education). Available from <http://www.familymatterscourse.com> & <http://www.wnfast.com/products.html>
- Bell, L. (2013). Some Thoughts about 'Both And' [cross-cultural experience as a plus for immigrant students]. In L. X. Hy (Ed.), Fostering Spiritual and Psychological Development. Baton Rouge, LA: St. Michael.
- Bell, L. D. & D. C. Bell (2012). Positive relationships that support elder health and wellbeing are grounded in midlife/adolescent family. Family and Community Health, 35, 276-286.
- Spath, M. L., Godfrey, J., Taylor, A., and Bell, L. G. (2011). Promoting interdisciplinary care of patients and families: A classroom project. Nurse Educator, 43,175-178.
- Bell, L. G. (2011). Communication in families related to health and illness. in M. Craft-Rosenberg and Pehler, S. R. Eds., Encyclopedia of Family Health. Thousand Oaks, CA: Sage, 214-215.
- Bell, L. G. and Bell, D. C. (2009). Effects of family connection and family individuation. Attachment and Human Development, 11, 471-490.
- Bell, L. G. (2009). Mindful psychotherapy. Journal of Spirituality in Mental Health, 11, 126-144.
- Bell, L. G. (Winter 2009). AFTA memories. In L R. Forman, M. A. Sullivan, & M. D. Ham, Eds. Reflections of AFTA's Early Days: Moving Forward by Remembering Our Past. Washington, D. C.: American Family Therapy Academy, Inc., 7-8.

- Bell, L. G., Meyer, J., Rehal, D., Swope, C., Martin, D. R. and Lakhani, A. (2007). Connection and Individuation as Separate and Independent Processes: A Qualitative Analysis. Journal of Family Psychotherapy, 18(4), 43-59.
- Bell, L. G. and Bell, D. C. (2005). Family dynamics in adolescence affect midlife well-being. Journal of Family Psychology, 19, 198-207.
- Bell, L. G., Dendo, H., Nakata, Y., Bell, D. C., Munakata, T., and Nakamura, S. (2004). The experience of family in Japan and the United States: Working with the constraints inherent in cross-cultural research, Journal of Comparative Family Studies, 35, 351-373.
- Bell, L. G., Bell, D. C. and Nakata, Y. (2001). Triangulation and Adolescent Development in the U. S. and Japan, Family Process, 40, 173-186.
- Bell, L. G. and D. C. Bell. (2000). Japanese and U.S. marriage experiences: Traditional and non-traditional perceptions of family, Journal of Comparative Family Studies, 32., 309-319.
- Bell, L. G. (1998). Start with Meditation, In T. Nelson and T. Tepper (Eds.), 101 More Interventions in Family Therapy, 52-56. New York: Haworth.
- Bell, L. G. (1997). Connection and Individuality in Japan and the United States: Conceptions of Family Health. The Anchor, spring, '97, 1-2 & 5, (publication of UHCL Family Therapy Student Association), Houston, UHCL.
- Bell, D. C., Bell, L. G., Nakata, Y. and Bell, E. M. (1996). Connection and individuality in Japan and the United States: Gender, culture, and conceptions of family health. Journal of Gender, Culture, and Health, 1, 277-294.
- Bell, L. G. (1995). Messages from Contemplatives to Therapists. The Anchor, fall '95, 1-2, Houston, UHCL.
- Bell, L. G. (1994). Meditation Supported Therapy. The Anchor, spring '94, 1-2, Houston, UHCL.
- Bell, L. G. (1994). Meditative Therapy. The Anchor, fall '94, 3-5, Houston, UHCL.
- Bell, L. G. (1993). Family Therapy Experiences from Cross-cultural Perspectives. Japanese Journal of Family Therapy, 10, 172.
- Bell, L. G. (1992). Case consultation. The Family Therapy Networker, 16, 77-79.
- Bell, L. G. (1992). Song Without Words, In R. Simon, C. Barrilleaux, M. S. Wylie, and L. M. Markowitz (Eds.), The Evolving Therapist, New York: Guilford, 81 - 86. (reprinted from The Family Therapy Networker, 1989).
- Bell, L. G. (1991). Comparison of Western and Japanese Therapists, Japanese Journal of Psychotherapy, 17, 328-332.
- Nakata, Y., H. Dendo, L. Bell, N. Nakamura, S. Nakamura, I. Sasama, K. Kawanami, D. Bell, & T. Munakata. (1991). Family functioning of adolescents' families: Study of assessment of family health. Japanese Journal of Family Therapy, 8, 40-53.

- Bell, L. G., L. Ericksen, C. Cornwell, & D. C. Bell. (1991). Experienced closeness and distance among family members. Contemporary Family Therapy, 13, 231-245.
- Bell, L. G. (1990). Japanese family patterns: A personal report. L'esprit D'aujourd'hui, 271, 28-39.
- Bell, D. C. & L. G. Bell. (1989). Micro and macro measurement of family systems concepts. Family Psychology, 3, 137-157.
- Bell, L. G. (1989). Song without words. The Family Therapy Networker, 13, 48-53.
- Bell, L. G. (1988). Japanese and American families: A comparison, The Japan Center of Tennessee Newsletter, 2-3.
- Bell, L. G. (1988). Genograms and interface. In Japan Assoc. of Family Studies and Family Therapy (ed.), Genograms and Family Therapy. Tokyo: Kongo, 151-164.
- Bell, L. G., C. Cornwell, & D. C. Bell. (1988) Peer relationships of adolescent daughters: A reflection of family relationship patterns, Family Relations, 37, 171-174.
- Bell, L. G. & D. C. Bell. (1987). The family context of adolescent development: A perspective from the U.S. Koshu Eisei (Journal of Public Health), 51, 253-257.
- Bell, L. G. (1986). Using the Family Paper Sculpture for education, therapy, and research. Contemporary Family Therapy, 8, 291-300.
- Bell, L. G., K. Fukuyama, & H. Sakagami. (1986). Contributions from family therapy to the field of public health. Koshu Eisei (Journal of Public Health), 50, 823-828.
- Bell, L. G. & T. Shibusawa. (1986). Family Lineage, Family Home, Family Graves, and Family Therapy. Japan Family Therapy Association Newsletter, 3.
- Bell, D. C. & L. G. Bell. (1984). Family Research Project Progress Report. Houston: University of Houston - Clear Lake. Available from ERIC (ED 248 420).
- Bell, L. G. & D. C. Bell. (1984). Family climate and the role of the female adolescent: Determinants of adolescent functioning. In D. H. Olson and B. C. Miller (eds.), Family Studies Yearbook, Vol. II (pp. 295-303), Beverly Hills: Sage. (Reprinted from Family Relations 1982).
- Bell, D. C. & L. G. Bell. (1983). Parental validation and support in the development of adolescent daughters. In H. D. Grotevant and C. R. Cooper (eds.), Adolescent Development in the Family: New Directions for Child Development (pp. 27-42), San Francisco: Jossey-Bass.
- Bell, L. G., C. S. Cornwell & D. C. Bell. (1983). Global Coding Scheme. Houston: University of Houston -- Clear Lake Available from ERIC (ED 248 420). Also available at [www.familylegacies.net](http://www.familylegacies.net). Japanese scales (revised by David Bell, Linda Bell, Hisako Dendo, Kenji Kameguchi, and Kaoru Kawanami) available from the authors.
- Bell, L. G. & D. C. Bell. (1982). Family climate and the role of the female adolescent: Determinants of adolescent functioning. Family Relations, 31, 519-527.

- Bell, D. C. & L. G. Bell. (1982). Family process and child development in unlabeled (normal) families. Australian Journal of Family Therapy, 3, 205-210.
- Bell, D. C., L. G. Bell & C. S. Cornwell. (1982). Interaction Process Coding Scheme. Houston: University of Houston. Available from ERIC (ED 248 420). Also available at [www.familylegacies.net](http://www.familylegacies.net).
- Bell, D. C. & L. G. Bell. (1981). Patterns of verbal communication in strong families. Available from ERIC (ED 216 280).
- Bell, L. G. & D. C. Bell. (1979). The influence of family climate and family process on child development. Available from ERIC (ED 178 177).
- Bell, L. G. & D. C. Bell. (1979). Triangulation: Pitfall for the developing child. Group Psychotherapy, Psychodrama and Sociometry (Handbook of International Sociometry District of Columbia), 32, 150-155.
- Bell, L. G. & L. Ericksen. (1976). Family process and child development: Some preliminary findings. Available from ERIC (ED 129 450).
- Bell, L. G., R. W. Wicklund, G. Manko & C. Larkin. (1976). When unexpected behavior is attributed to the environment. Journal of Research in Personality, 10, 316-327.
- Jones, E. E., L. G. Bell & E. Aronson. (1972). The reciprocation of attraction from similar and dissimilar others: A study in person perception and evaluation. In C. C. McClintock (Ed.), Experimental Social Psychology, New York: Holt.

### **Presentations**

- Bell, L. G. (2016) A prospective longitudinal study of family from generation to generation. American Family Therapy Academy, Denver, Colorado.
- Bell, L. G. and D. C. Bell (2016). Prospective longitudinal cross-cultural study of U.S. and Japanese families: some lessons learned. International Family Studies/Strengths Symposium, Lincoln Nebraska.
- Bell, D. C. and L. G. Bell (2015). Accuracy of retrospective reports of family environment. Presented at the Theory Construction and Research Methods workshop of the National Council on Family Relations meetings, Vancouver, BC.
- Bell, D. C. and Bell, L. G. (2014). Writing a Primer on Theory Construction. Presented at the Theory Construction and Research Methods workshop of the National Council on Family Relations meetings, Baltimore, MD.
- Bell, L. G. (2014). Family Matters: A Cross-Cultural Study of Family Influences. IUPUI School of Liberal Arts Sabbatical Speaker Series, March, Indianapolis, IN.
- Bell, L. G. (2014). Family Wellness in Prison. Featured Speaker, Texas Association for Marriage and Family Therapy Annual Conference, March, Sugarland, TX.
- Bell, L. G., C. S. Cornwell, and L. H. Curran (2013). Restoring positive peace through family healing course. Presented at 2<sup>nd</sup> annual "Maneuvering the Maze: Understanding Justice in Conflicts," Center for Conflict Studies at the Monterey Institute of International Studies, November, Monterey, CA

- Hy, L. X., D. McLean, T. Brown, L. Wert, and L. G. Bell (2013). Reliabilities of Rating Rules for the WUSCT 12-Item Form: New Ogive Rule. Presented at meetings of the American Psychological Association, August, San Francisco.
- Curran, L. L. and L. G. Bell (2013). Family Matters: A Course for Healing and Wellness. Presented at the Groves Conference for Marriage and Families ("And Justice for All" Families and Criminal Justice System), June, Boston.
- Bell, L. G. (2013) How my own faith tradition has supported and influenced my professional work as a family therapist. Friends Center, May, Tokyo.
- Bell, L. G., C. Cornwell, and L. H. Curran (2012). Family Matters: A course for healing and wellness. Presented at meetings of the American Society of Criminology, Chicago.
- Brown, T., L. Wert, L. X. Hy, and L. G. Bell (2012). Like father, not like son: Parental Influence on Adolescent Development. Presented at meetings of the Western Psychological Association, Los Angeles.
- Wert, L., T. Brown, L. X. Hy, and L. G. Bell (2012). Ego development across generations: Parents influences on their daughters. Presented at meetings of the Western Psychological Association, Los Angeles
- Bell, L. G. and D. C. Bell (2012). The Greatest Generation and their Children: Positive Relationships which Support Elder Well Being are Grounded in Midlife/Adolescent Family Health. Presented at meetings of the American Psychological Association, Orlando, Florida.
- Bell, L. G. (2009). Elder Couples: Strength, Support and Challenge. Presented at the 12<sup>th</sup> Ontario Symposium: The Science of the Couple, University of Western Ontario, London, Ontario.
- Bell, L. G. (2008). Lifelong marriage: A prospective longitudinal study of couples from mid-life to elder life. Presented at meetings of the American Family Therapy Academy, Philadelphia, Pennsylvania.
- Taylor, A., M. Spath, J. Godfrey, J. Dehn, M. Barnett, & L. Bell. (2007). Communication with families in healthcare transitions: Ethical concerns arising from conflicting personal, societal and professional values. Presented at the International Conference on Communication in Healthcare, Charleston, South Carolina.
- Bell, L. G. and D. C. Bell. (2006). Effects of the adolescent family system on well-being at midlife. Presented at meetings of the American Psychological Association, New Orleans, Louisiana.
- Bell, L. G. and D. C. Bell (2005). Family legacies: A 30-year prospective longitudinal study. Presented at meetings of the American Family Therapy Academy and the International Family Therapy Association, Washington, D.C.
- Bell, D. C. and L. G. Bell. (2004). Life course effects of family connection and family individuation. Theory Construction and Research Methodology Pre-Conference, National Council on Family Relations, Orlando, Florida.



- Bell, L. G., D. Brock, A. Lakhani, J. Meyer, D. Rahal, and C. Swope. (2004). Distinguishing connection and individuation as orthogonal variables: Is it a difference that makes a difference? Theory Construction and Research Methodology Pre-Conference, National Council on Family Relations, Orlando, Florida.
- Bell, L. B. & D. C. Bell. (2002). Effect of family process during adolescence on adult well-being 25 years later. National Council on Family Relations, Houston, TX.
- Bell, L. B. & D. C. Bell. (2002). Effect of family process during adolescence on adult well-being. Texas Association for Marriage and Family Therapy, Houston, TX.
- Bell, L. G. (2001) A longitudinal study of marriage from midlife through old age: Brainstorming session. Theory Construction and Research Methodology Pre-Conference, National Council on Family Relations, Rochester, N.Y.
- Bell, L. G. and D. C. Bell. (2001) Influence of the adolescent—parent relationship on the adult child—elder parent relationship later in life. National Council on Family Relations, Rochester, N.Y.
- Bell, L. G., D. C. Bell, and Y. Nakata (1999). Marital tension, triangulation, and the development of adolescent daughters in the U.S. and Japan. American Sociological Association, Chicago.
- Bell, L. G. (1998) The meditative process in psychotherapy. Invited address, Houston Psychological Association's annual conference: Spirituality & Psychotherapy.
- Bell, L. G., and D. C. Bell, and Y. Nakata. (1998) Effects of triangulation on the ego development of adolescent daughters in the U.S. and Japan. American Psychological Association, San Francisco.
- Bell, L. G., D.C. Bell, and Y. Nakata. (1998) Gender and cultural differences in the conceptions of a healthy family. American Family Therapy Academy, Montreal.
- Bell, L. G., Y. Nakata, and D. C. Bell. (1998) Gender differences in the conceptions of a healthy family: Adults and children in Japan and the U.S. South Central Women's Studies Association, Houston.
- Bell, L. G., D. C. Bell, Y. Nakata, and E. Bell (1998) Conceptions of the healthy family in Japan and the U.S. Texas Family Therapy Association, Dallas.
- Bell, L. G. and D. C. Bell. (1996) Perceptions of family health in the U.S. and Japan, Japan Family Therapy Association, Osaka.
- Nakata, Y., L. G. Bell and D. C. Bell. (1994) Family health in the U.S. and Japan. Japan Mental Health Association, Tokyo.
- Bell, L. G. (1994) Meditation supported therapy. American Family Therapy Academy, Santa Fe, New Mexico.
- Nakata, Y., Y. Kanbayashi, K. Funjii, M. Kita, D. C. Bell and L. G. Bell. (1994) The changing family in Japan: Western or eastern? International Conference on Family and Community Care, Hong Kong.
- Bell, L. G. (1992) Meditation based personal growth groups. North Houston Mental Health Professionals, Houston.

- Bell, L. G. (1992) Meditation supported therapy. American Family Therapy Association, Amelia Island, Florida.
- Bell, D. C. and L. G. Bell. (1991) The amae orientation: the experience of connection in family process. American Sociological Association, Cincinnati.
- Bell, L. G. and Shinichi Nakamura. (1991) Comparison of Japanese and American Family Paper Sculptures. American Family Therapy Association, San Diego.
- Nakata, Yojiro, Noriko Nakamura, Linda Bell, Toshiko Dendo, Izumi Sasama, Kaoru Kawanami, and David Bell. (1991). Research on the Japanese family using the Family Paper Sculpture. Japan Family Therapy Association, Fukuoka.
- Nakata, Y., T. Dendo, N. Nakamura, L. Bell, I. Sasama, and K. Kawanami. (1990). Family functioning in a problem-solving context. Japan Family Therapy Association, Tokyo.
- Bell, D. C., L. G. Bell, Tsunetsugu Munakata and Yohjiroh Nakata. (1989). Difficulties in cross-cultural research. Southwestern Association for Asian Studies, New Orleans.
- Bell, D. C., L. G. Bell, T. Munakata and Y. Nakata (1989). Why cross-cultural research on family interaction is impossible. National Council on Family Relations Theory Construction and Methodology Workshop, New Orleans.
- Nakata, Y., N. Nakamura, L. Bell, T. Dendo, I. Sasama, and K. Kawanami. (1989) Ego development of adolescents and their family functioning. Japan Family Therapy Association, Tokyo.
- Bell, D. C., L. G. Bell, and T. Munakata and Y. Nakata (1989). Cross- cultural research on family structure and adolescent ego development. Japan Family Psychology Association, Fukuoka.
- Shibusawa, Tazuko, Yoshiko Ozawa, Sumiko Ishida, Hiroko Sakagami, & Linda Bell. (1988). Family backgrounds of women Japanese mental health professionals. Japan Family Therapy Association, Hamamatsu.
- Bell, D. C. & L. G. Bell. (1988). Micro and macro measurement of family systems concepts. Southwestern Society for Research in Human Development, New Orleans.
- Bell, L. G. (1987). The use of genograms in the training of family therapists. Japan Family Therapy Association, Tokyo.
- Bell, L. G. & D. C. Bell (1987). A comparison of family structures in Japan and the United States. Japan Family Therapy Association, Tokyo.
- Bell, L. G. (1986). Three generational and experiential approaches to family therapy. Kyoto International Social Welfare Exchange Center, Kyoto.
- Bell, L. G. (1986). Helping students study their own family process. Family Study Group, Tokyo.
- Bell, D. C. & L. G. Bell. (1984). Power and support processes in family interaction. National Council on Family Relations, San Francisco.

- Bell, L. G. (1984). Helping students explore the interface between the client family and the therapist's family of origin. National Council on Family Relations, San Francisco.
- Bell, L. G. & D. C. Bell. (1984). Power and support processes in dual-career marriages. Women's Colloquium: Women's Perspectives on Families and Family Therapy, Ridgefield, CT.
- Bell, L. G., C. S. Cornwell & D. C. Bell. (1984). Peer relationships of adolescent daughters: A reflection of family relationship patterns. American Family Therapy Association, New York.
- Bell, D. C. & L. G. Bell. (1983). Parental validation and support in the development of adolescent daughters. American Family Therapy Association, San Francisco.
- Bell, D. C. & L. G. Bell. (1982). Power and support processes in dual-career marriages. Texas Council on Family Relations, San Antonio.
- Bell, L. G. & D. C. Bell. (1982). Family interaction process and individual functioning: A study of unlabeled (normal) families. American Association for Marriage and Family Therapy, Dallas.
- Bell, L. G. & D. C. Bell. (1982). Dual career marriages: Effects of husbands' and wives' relative occupational status on power and support processes in the marriage. Texas Psychological Association, San Antonio.
- Bell, L. G. & D. C. Bell. (1982). Parental validation as a mediator in adolescent development. American Psychological Association, Washington, D.C.
- Bell, D. C. & L. G. Bell. (1981). Patterns of verbal communication in strong families. American Psychological Association, Los Angeles.
- Bell, L. G. & D. C. Bell. (1979). The influence of family climate and family process on child development. International Council of Psychologists, Princeton.
- Bell, L. G. & C. R. Rampage. (1979). Ecology of a masters level family therapy training program. American Family Therapy Association, Chicago.
- Bell, L. G., L., Ericksen & D. C. Bell. (1977). Family process and child development: Preliminary findings. Family Research Institute, Brigham Young University.
- Bell, L. G. & L. Ericksen. (1976). Family process and child development: Some preliminary findings. American Psychological Association, Washington, D. C.
- Bell, L. G. (1975). Comments on measuring attribution of causality. American Psychological Association, Chicago.

### Workshops

- 2002 Contemplative Practice and Family Therapy. Texas Association for Marriage and Family Therapy, Houston.
- 2001 Contemplative Practice in Psychotherapy. University of Houston - Clear Lake Symposium, Current Issues in Mental Health, Houston.

- 1997 Meditation supported therapy (one-day institute). Texas Association for Marriage and Family Therapy, Houston.
- 1996 Meditation Supported Therapy (one-day institute). American Association for Marriage and Family Therapy, Toronto. Tape available from Resource Link (1-800-241-7785)
- 1996 Meditation supported therapy (one-day institute). Texas Association for Marriage and Family Therapy, Austin. Tape available from Egami A/V, 6052 Hillglen Dr., Watauga, TX. 76148, (817) 577-2564.
- 1995 Meditation Supported Therapy. American Association for Marriage and Family Therapy, Baltimore. Tape available from Resource Link (1-800-241-7785)
- 1995 Meditation supported therapy (one-day institute). Texas Association for Marriage and Family Therapy, Dallas. Tape available from Egami A/V, 6052 Hillglen Dr., Watauga, TX. 76148, (817) 577-2564.
- 1994 Meditation supported therapy. Texas Psychological Association, Houston.
- 1994 Meditation supported therapy (one-day institute). Texas Association for Marriage and Family Therapy, San Antonio.
- 1994 Family Sculpting. Texas Association for Marriage and Family Therapy, San Antonio.
- 1992 – 98 Meditation Supported Psychotherapy. Year-long continuing education workshops conducted for health service providers, e.g. psychologists, social workers, LPCs, LMFTs, Houston.
- 1992 Family Sculpting. University of Houston- Clear Lake Symposium, Current Issues in Mental Health, Houston.
- 1992 Genogram and the family therapist's family. Nakamura Institute, Tokyo.
- 1992 Meditation supported therapy. Houston Association for Marriage and Family Therapy, Houston.
- 1992 Family Sculpting (institute). Texas Association for Marriage and Family Therapy, San Antonio.
- 1991 Family Sculpting (institute). Texas Association for Marriage and Family Therapy, Dallas.
- 1990 Gender Issues in the Family Life Cycle. Constructivism Study Group, Chiba, Japan.
- 1990 Relating Constantine's Family Paradigm Typology to Therapy with Japanese and American Families. Structural Family Therapy Clinic, Tokyo.
- 1989 Family Sculpture. Family Therapy Student Association, University of Houston-Clear Lake.
- 1989 Japanese and American Experiences of Self and Family (with Kazume Fukuyama). American Association for Marriage and Family Therapy, San Francisco.

- 1989 Family Sculpture. Fukuoka University of Education, Fukuoka, Japan.
- 1989 Family Paradigm and Family Life Cycle--Alternatives to Pathology-Based Diagnosis. Aiobashi Clinic, Kyoto Japan. And for the Tokyo Family Therapy Study Group, Tokyo.
- 1989 The Family Life Cycle. Tokyo English Life Line, Tokyo.
- 1988 A Family Systems Approach to Public Health and Social Welfare. The National Institute of Public Health, Tokyo.
- 1988 The Family Life Cycle. Tokyo English Life Line, Tokyo.
- 1988 Family Life Cycle Approach to Family Therapy. Ogino Clinic, Mishima, Japan.
- 1988 Introduction to Family Process. Lutheran Theological College, Tokyo.
- 1987 A Family Systems Approach to Public Health and Social Welfare (with Kazume Fukuyama). The National Institute of Public Health, Tokyo.
- 1986 Family Therapy. HEM Associates, Tokyo.
- 1986 A Family Systems Approach to Public Health and Social Welfare (with Kazume Fukuyama). The National Institute of Public Health, Tokyo.
- 1986 Working with Families of the Dead and Dying (with Kazume Fukuyama). Keio University Hospital, Tokyo.
- 1986 Family Systems and Family Therapy. Lutheran Theological College, Tokyo.
- 1986 Techniques of Family Sculpture, National Institute of Mental Health, Ichikawa, Chiba, Japan. This workshop was also presented for Aiobash Family Clinic, Psychological Communication Laboratory, Kyoto International Social Welfare Exchange Center, and for a family therapy study group in Osaka.
- 1985 Strengthening Healthy Families: Workshop for Clergy (with Uri Rueveni), Institute for Family and Community Development, University of Houston - Clear Lake.
- 1985 Therapy at the Interface, Texas Association for Marriage and Family Therapy.
- 1984 Family Sculpture as Intra-personal and Interpersonal Communication, Conference on Communication Therapy, University of Houston -- Clear Lake.
- 1984 Therapy at the Interface, Texas Association for Marriage and Family Therapy.
- 1983 It Takes Two: Making Co-parenting Work (with David Bell, Larry LaBoda and Cheryl Rampage), Women's Week, University of Houston - Clear Lake.
- 1983 Family Sculpture, Houston Family Institute.
- 1982 Therapy at the Interface, or Who am I Treating -- My Family or Theirs? American Association for Marriage and Family Therapy.
- 1981 Introduction to Family Therapy, Texas Psychological Association.
- 1980 The Family Therapist's Family, Texas Association for Marriage and Family Therapy.
- 1980 Supervision of Family Therapists, Galveston Family Institute.

1979 The Family Therapist's Family, University of Houston -- Clear Lake (co-sponsored by the Galveston Family Institute).

### **Teaching (G: graduate, UG: undergraduate)**

Courses which I created are in **bold**. IUPUI courses are noted; others were taught at UHCL. I taught the first on-campus practicum at UHCL and was the first to screen students for clinical training and to insist that they have an on-campus practicum before doing a clinical internship in the community. This standard was incorporated into the family therapy program, then later, into all clinical training programs at the university.

**Family Psychology (UG & G;** also taught in a Texas prison and on-line)

**Contemplative Practice and Psychotherapy (G)**

Interviewing and Assessment (G & UG)

Social Psychology (G & UG)

**Family Therapy (G)**

Symptoms and Systems (G)

**Marital and Family Interaction (G)**

**Humanistic Approaches to Healing (G)**

**The Family Therapist's Family (G)**

Pro-seminar in Clinical Psychology (G)

**Practicum in Family Therapy (G)**

Interpersonal Communication (UG, IUPUI)

**Family Comm. in Health Contexts (G, IUPUI)**

Family Health (G, IUPUI, School of Nursing)

**Interpersonal Relations (UG)**

Transpersonal Psychotherapy (G)

Advanced Family Therapy (G)

**Family Health (UG)**

Clinical Internship (G)

**Family Assessment (G)**

**Violence in the Family (G)**

**Attribution Processes (UG)**

**Research in Family Process (G)**

**The Family Life Cycle (G)**

**Restorative Comm. (UG, IUPUI)**

Family Communication (UG, IUPUI)

Families and Society (UG, IUPUI)

### **Community Service (Indiana)**

**2009 – 2016** I developed a family wellness course for people in prison, FAMILY MATTERS. The course was taught at men's (IREF) and women's (IWP) prisons in Indianapolis, and also at Indiana Work Force Inc. (a non-profit recycling company that hire men recently on work release from prison, or recently released from prison -- to help develop life and work skills and prevent recidivism). The course was tested at both prisons in 2012 and I published evidenced-based positive effects, both person and family related. Connie Cornwell (Texas Southwest Medical Center in Dallas) and Lyndsay Curran (School of Nursing, IUPUI) have recently joined with me to upgrade and do a final revision of the course. The course and the instructor's manual can currently be downloaded for free at [www.familymatterscourse.com](http://www.familymatterscourse.com).

**2007 – 2014:** Work at **Indiana Women's Prison**. I started a Family Wellness Program at the Indiana Women's Prison in 2007. I devoted about 6 hours a week to this work, split between course design, client service and community service (to prison). My interest is to bring an interdisciplinary family systems approach both to psycho-educational counseling and to training of students. From 2007-2012, I worked with a Wee One Nursery program for women who have, then keep, their babies in prison. I supervised 10 students, each for at least one year, six marriage and family therapists from Christian Theological Seminary and four psychiatric nurse practitioner students from the School of Nursing at IUPUI. We did group therapy/education with the Wee Ones Nursery program once a week for 2 and

one half hours, do record keeping for about a half an hour, then supervision for an hour. For three years, substance abuse counselors from the prison joined this group, and one year a social work student from IUPUI also participated. We also offered three (15-week long) classes/groups: three on Grief and Loss; one on Family Healing. Other times I met with prison staff and colleagues about the work. Annually, I spent approximately 200 hours at the prison; students devoted over 400 hours, and we worked with about 60 women.

**2007 - 2012: Indiana Coalition to Improve Adolescent Healthcare** (task force to improve health of adolescents in Indiana).

**Dec. 2008 – 20010.** Family therapy practice, one afternoon a week at the **Adult Psychiatric Outpatient Clinic** at IU hospital. This allowed me to provide some training in both mindful and family systems approaches to therapy with medical colleagues and with students.

**2006-07:** I was part of an inter-agency group developing ways to address the **Bill of Rights for Children of Incarcerated Parents**. The goal was to support the safety and well-being of children of incarcerated parents. We won recognition/support from the Soros Foundation, one of 13 communities in the country to receive this support, which provided technical assistance. The work was coordinated by Choices, Inc. and included individuals working in the criminal justice system in several capacities. My part was focusing on the development of a class for mother in prison that would enable a better transition to parenting after they leave prison.

### **University Service at IUPUI**

Graduate Admissions Committee (SLA)  
Faculty Search Committees (SLA)  
Primary Committee (Family Health; SON)  
Tenure and Promotion Committees (SLA & SON)

### **University Service at UHCL** (in addition to administering the Family Therapy Program)

Texas Coordinating Board, High School teacher education program:  
HISD Teacher (summer '99)  
CCISD Teacher (summer, 2001)  
Fulbright Scholars Sponsor: Y. Nakata, Japan ('92-93)  
E. Molina, Nicaragua ('93-94)  
Committee for the Protection of Human Subjects  
Dean Search Committees, School of Human Sciences and Humanities  
Program Director Search Committee, Program in Human Sciences  
Task Force on Sponsored Research  
Organized Research Committee  
Human Sciences Clinical Committee  
Human Sciences Curriculum Committee  
Faculty Developmental Leave Committees  
Faculty Recruitment Committees, Behavioral Sciences  
Graduate Admissions Committee, Behavioral Sciences  
Promotion and Tenure Review Committees, Behavioral Sciences